# A DISCOURAGING VOICE

***"You are a Dummkopf! To God be the glory!"***

**I lost or misplaced a sizable amount of cash. All day long I have been giving myself this message, "You are a Dummkopf". How could you be so careless? I am plagued by the question as to how I lost it, retracing my steps and how this got mishandled. It is a complete mystery. So how did I deal with this constructively? I decided to give God glory every time my mind began to ruminate on this loss and its whereabouts. This eased the plaguing ponderings and reminded me that after all this money was a gift that came freely. It is just money. My treasure is stored in heaven and now after a day, I am free of the worry and shame! To God be the Glory**

***"You will never amount to anything."***

**I did not hear this voice from any family member, but I often heard it from society at large as a highly educated stay-at-home mother who was not adding any degrees to her name and certainly no numbers to her bank account. This is a voice I still struggle with at times.**

**Ch 1/ "Listening to the Shepherd's Voice"/other exercises for understanding the influence of voices can be found in the book "31 Days of Sorting out Voices" on groundupgrace.com/dailytexts.**